



## Together There Residency

### All-team meeting | Session 1: Who are we, together? (DRAFT)

Monday, November 28, 2022, 1 to 3 pm Eastern

## AGENDA

1. **Welcome** (10 minutes)
  - Welcoming remarks and acknowledgements
  - What is happening today?
  - What is happening after today? (highlights)
2. **Resident introductions** (40 minutes) 5 minutes each
  - How do you most enjoy expressing yourself?
  - What does your chosen community look and feel like to you?
  - What is something creative that recently moved you? (e.g., film, song, book, etc.)
3. **Break** (10 minutes)
4. **Hosting team introductions** (20 minutes)
  - Who are we? What are our roles?
  - Where can you go for support?
  - Introduction to our core principles of care: What do we mean by mutual care, safer spaces, and meaningful collaboration?
5. **Brainstorming collective principles for coziness, collaboration, and care** (35 minutes)
  - How can we cultivate a comfortable environment for learning, sharing, and growing?
  - How can we build and nurture creative opportunities for collaboration that are equally accessible to all?
  - How can we practice compassionate communication, trust-building, and mutual care?
  - **Part 1 (20 minutes), breakout groups of two each**
    - 5 minutes greetings, getting to know each other (2.5 minutes each)
    - 5 minutes self reflection
    - 10 minutes sharing and affirming together

*Guiding questions: In real and virtual life...*

  - *How do I like to connect and share with others?*
    - What are my values around healthy communication?
    - What small actions affirm my connections with others?
    - What are the tools that may allow each of us to engage with others through active listening and compassionate feedback?
    - What are ways I can help nurture dreams (of my own and others)?
  - *What does giving and receiving care look like to you?*
    - What are my personal values around giving and receiving support/care?
    - What allows me to feel welcomed and embraced in my fullness?
    - What are the ways I can support our shared physical, emotional, and spiritual health during the residency?

- **Part 2 (15 minutes), everyone returns to main room**

Breakout group summaries (3.5 minutes each)

- What came up for you?
- Did anything surprise you? Comfort you?
- Were there common grounds or shared experiences that feel important to acknowledge?

**6. Checkouts via chat (5 minutes)**

- How are you feeling in this moment? One or two words
- What do you most want to remember from today? A thought, story, idea, feeling...

**\* Notes to residents:**

Upon request, the breakout groups in Part 5 may occur with or without a witness or facilitator. Witnesses will include members of the hosting team only (curators, working leads, knowledge leads, or other support staff). The role of a witness is to help walk through the activities and questions if you need support, and/or to document your discussions for your own learning or for the benefit of other residents. Please let us know what your preferences are.